



Cross Out Your Guilt & Shame
Real Guilt, Pt. 1
By Louie Marsh, 10-3-2016

WHAT GUILT IS

1) Guilt is a state of being, an _____, a position I occupy before God.

¹⁰ For whoever keeps the whole law but fails in one point has become accountable for all of it. James 2:10 (ESV)

2) Guilt is the consequence of my _____.

²³ for all have sinned and fall short of the glory of God, Romans 3:23 (ESV)

3) Guilt is _____.

...For we have already charged that all, both Jews and Greeks, are under sin, Romans 3:9 (ESV)

What Guilt Isn't

1) Guilt is _____ a feeling!

2) Guilt is _____ evil or bad!

¹⁷ "But when he came to himself, he said, 'How many of my father's hired servants have more than enough bread, but I perish here with hunger! ¹⁸ I will arise and go to my father, and I will say to him, 'Father, I have sinned against heaven and before you. ¹⁹ I am no longer worthy to be called your son. Treat me as one of your hired servants.'" Luke 15:17-19 (ESV)

3) A Biblical View of Guilt & Guilt Feelings

³ For when I kept silent, my bones wasted away through my groaning all day long... ⁵ I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin. Selah Psalm 32:3-5 (ESV)

AUTHENTIC GUILT

Guilt Feelings

True Guilt False Guilt

4) Don't just deal with the _____

- **Human attempts to deal with guilt - Below the Line**

⁸ And when he comes, he will convict the world concerning sin and righteousness and judgment: ⁹ concerning sin, because they do not believe in me; ...John 16:8-11 (ESV)

5) God _____ not just symptoms – above the line.

My problem:

⁶ We have all become... unclean, and all our righteous deeds are like a polluted garment... for you have hidden your face from us, and have made us melt in the hand of our iniquities. Isa. 64:6-7

The Answer:

²² the righteousness of God through faith in Jesus Christ for all who believe. For there is no distinction: ²³ for all have sinned and fall short of the glory of God, ²⁴ and are justified by his grace as a gift, through the redemption that is in Christ Jesus, Romans 3:22-24 (ESV)

6) How can I make this _____ in my life.

⁷ But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. ⁸ If we say we have no sin, we deceive ourselves, and the truth is not in us. ⁹ If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:7-10

- **I must _____ in Christ.**
- **I must _____ that guilt feelings flow from guilt**
- **I must be _____ & wait for my feelings to follow the facts of my forgiveness.**
- **I must _____ that False Guilt is a LIE & doesn't need forgiving.**

¹⁰ He does not deal with us according to our sins, nor repay us according to our iniquities. ¹¹ For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; ¹² as far as the east is from the west, so far does he remove our transgressions from us. ¹³ As a father shows compassion to his children, so the LORD shows compassion to those who fear him. ¹⁴ For he knows our frame; he remembers that we are dust. Psalm 103:10-14 (ESV)



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